



Home



learning

Sensory ideas



HerewardCollege
PROMOTING INDIVIDUAL ACHIEVEMENT

Sensory Bottles – Do it yourself.

What you need:

Empty bottles or jars
(something with a lid
that can be sealed
tightly.)

Water

Glitter

Shiny Sparkly items

Food colouring

Glue



Instructions:

Make sure your bottle is clean

Fill your water with water

Add food colouring, glitters and anything
you would like to see in the bottle.

Glue the lid in place to make it extra secure.

Shake!

Sensory Bottles



Bottles and Jars



Water



Glitter



Food Colouring



Glue



Shiny items

Sensory Bags

You will need:

Glitter

Hair gel

Food colouring

Ziploc bags



Try doing bags linked to themes.
Link with colours, underwater themes, magical themes.
Use your imagination!

Have fun!

1. Add Hair Gel
2. Add food colouring
3. Add Glitter
4. Add any other items you may have, buttons, sequins.
5. Explore! Feel, squash, look!

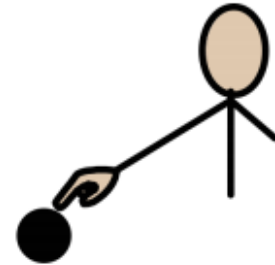
Sensory Bags



Ziploc bags



Hair Gel



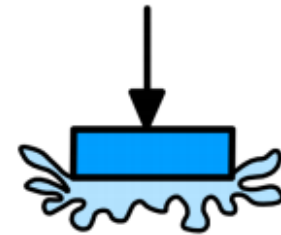
Touch



Glitter



Food Colouring



Squash

Rubbery Gloop

Ingredients

- 2 cups bi-carbonate soda (baking soda)
- 1 ½ cup of water
- 1 cup of corn flour
- Food colouring

Instructions

1. Combine all ingredients into a saucepan
2. Mix the ingredients together using a whisk to remove lumps
3. Heat on stove stirring with wooden spoon
4. Bring to boil stirring continuously
5. Small lumps will begin to appear, stir until a thick mixture has formed.
6. Take gloop out of pan and onto side, careful, it's hot!
7. Knead together when cool enough.
8. Store in an airtight container



Goop Symbols



Baking
Soda



Water



Cornflour



Food
colouring



Saucepan



Whisk



Wooden
spoon



Container